

Helping
good
parents



New Jersey Department of Human Services
Richard J. Codey, Acting Governor
James M. Davy, Commissioner

to become
great
parents.

The new **TIP** Program

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Helping **good** parents
to become **great** parents.



Everyone can be a better parent...

& earn credit toward work activity.

Here's a wonderful opportunity for all Temporary Assistance for Needy Families (TANF) parents with a new baby from birth to age one. It's called the TANF Initiative for Parents—or "**TIP**". It's a great way to improve your parenting skills **AND** earn credit toward your TANF work activity at the same time.

TIP is more than a program. It's a network that offers real-life parenting support with a hands-on approach. Working together, we can create a program that is right for you, whether it's learning about healthy nutrition, educational programs, or even how to cope with the stress we all feel being a parent.

TIP teaches you about:

- Healthy child development
- Good nutrition
- Available medical and child care services
- Employment services such as resume writing and interviewing
- Balancing work and raising a family



Your house

or Ours?

We understand that with a new baby, you are busier than ever. That's why we offer different ways for you to participate in the **TIP** Program. You can choose between in-home services, where a **TIP** Program representative will come directly to your home and work one-on-one with you. Or if you prefer, you can sign up for in-community sessions offered at your local One Stop Career Center. Or do a combination of the two. It's entirely up to you.



Skills. Support.

Encouragement.

Not only will you learn how to encourage your child's well-being and ensure his or her healthy development, you'll also meet and share experiences with other parents like yourself. In addition, we'll link you to services such as counseling, employment coaching and child care if you need them.



TIP Counts toward

your TANF work activity.

If your child is under 3 months old, the **TIP** Program is voluntary. If your child is between 3 and 12 months old, the program can count toward your required work activity.

Every three months – working with your case manager – you'll create a plan that includes parenting activities, as well as activities to help you get a job. This plan will be a bridge to a better future for you and your family, by helping you move into a full-time job or job training, while supporting you as a parent.

For more information or to find out how to enroll in **TIP**, talk to your caseworker today, or call the number below:



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